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About the Cover

Illustrated in the cover is “pangangawit,” one of the phases undergone in the process of *lukad*. “Pangangawit,” or also known as dislodging, aims to remove the coconut from its tree as a preparation for the process. A bamboo with a net at its end, or locally known as *karit* or *pangawit*, is used as the tool for dislodging coconuts. Using bamboo as a tool for *lukad* exhibits the innate resources that the authors and editorial board leverage on - their time and effort. This further capitalizes on the idea of creativity and innovation while staying grounded on adhering to a systematic process, just as how *lukad* remains to be a meticulous process while serving different purposes in the industry.

Photograph by John Derick Jasmin (2020)
About the cover by Erlene Joy C. Daelo



About the Journal

LUKAD is the official biannual open access journal of Philippine Normal University South Luzon (PNUSL), Philippines. It is a peer-reviewed, interdisciplinary and multidisciplinary journal of pedagogy.

The journal seeks to publish research articles, monographs, and book reviews across the different topics with special emphasis but not limited to the following:

- Technology and Livelihood Education
- Culture and Heritage
- Sustainable Education
- Critical History
- Literacy
- Local History

The word *lukad* is a Tagalog term that refers to a meticulous and laborious way of extracting coconut meat from the coconut shell by using different technological tools and processes. This term is appropriate for PNUSL because of its distinct local characteristic and identity. The university is geographically located in the coconut basket of the Philippines – Lopez, Quezon. As a National Center for Teacher Education, its mission is to link technology and livelihood education to philosophical, sociological, historical, psychological and political contexts.

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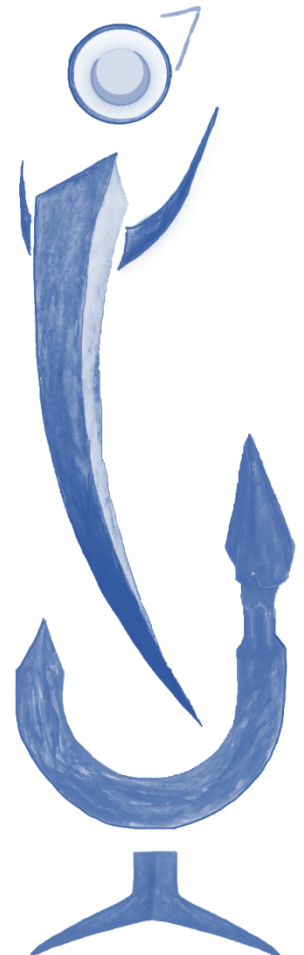
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